



Wilson School District Breakfast Options

ELEMENTARY SCHOOL BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
Whole Grain Warm Cinnamon Roll w/ String Cheese	Bacon & Egg Breakfast Pizza	French Toast Minis Cinnamon Rush or Triple Berry	Sausage, Egg & Cheese Burrito	Create your own Yogurt Parfait
Assorted Whole Grain Cereals w/ Assorted Yogurts	Assorted Whole Grain Bagels including Plain, Cinnamon Raisin and Blueberry	Assorted Whole Grain Pop Tarts including Strawberry, Blueberry, Cinnamon and Chocolate	Assorted Whole Grain Muffins including Blueberry, Chocolate Chip, Banana and Apple Cinnamon	Choice of Whole Grain Powdered or Chocolate Donuts
Choice of Assorted Fresh Fruit, Strawberry Cups, Peach Cups and Applesauce Cups	Choice of Assorted Fresh Fruit, Strawberry Cups, Peach Cups and Applesauce Cups	Choice of Assorted Fresh Fruit, Strawberry Cups, Peach Cups and Applesauce Cups	Choice of Assorted Fresh Fruit, Strawberry Cups, Peach Cups and Applesauce Cups	Choice of Assorted Fresh Fruit, Strawberry Cups, Peach Cups and Applesauce Cups
Choice of Plain or Chocolate Milk	Choice of Plain or Chocolate Milk	Choice of Plain or Chocolate Milk	Choice of Plain or Chocolate Milk	Choice of Plain or Chocolate Milk

MIDDLE SCHOOL BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
Whole Grain Warm Cinnamon Roll w/ String Cheese	Bacon & Egg Breakfast Pizza	French Toast Minis Cinnamon Rush or Triple Berry	Sausage, Egg & Cheese Burrito	Create your own Yogurt Parfait
Assorted Whole Grain Cereals w/ Assorted Yogurts	Assorted Whole Grain Bagels including Plain, Cinnamon Raisin and Blueberry	Assorted Whole Grain Pop Tarts including Strawberry, Blueberry, Cinnamon and Chocolate	Assorted Whole Grain Muffins including Blueberry, Chocolate Chip, Banana and Apple Cinnamon	Choice of Whole Grain Powdered or Chocolate Donuts
Choice of Assorted Fresh Fruit, Strawberry Cups, Peach Cups and Applesauce Cups	Choice of Assorted Fresh Fruit, Strawberry Cups, Peach Cups and Applesauce Cups	Choice of Assorted Fresh Fruit, Strawberry Cups, Peach Cups and Applesauce Cups	Choice of Assorted Fresh Fruit, Strawberry Cups, Peach Cups and Applesauce Cups	Choice of Assorted Fresh Fruit, Strawberry Cups, Peach Cups and Applesauce Cups
Choice of Plain or Chocolate Milk	Choice of Plain or Chocolate Milk	Choice of Plain or Chocolate Milk	Choice of Plain or Chocolate Milk	Choice of Plain or Chocolate Milk

HIGH SCHOOL BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
Fresh Bagels, Muffins, Cinnamon Buns, Whole Grain Cereals, Whole Grain Donuts, & Whole Grain Pop Tarts Offered Daily				
Ham, Egg & Cheese English Muffin	Bacon & Egg Breakfast Pizza	Egg & Cheese Croissant	Sausage, Egg & Cheese Burrito	Create your own Yogurt Parfait
Choice of Assorted Fresh Fruit, Strawberry Cups, Peach Cups and Applesauce Cups	Choice of Assorted Fresh Fruit, Strawberry Cups, Peach Cups and Applesauce Cups	Choice of Assorted Fresh Fruit, Strawberry Cups, Peach Cups and Applesauce Cups	Choice of Assorted Fresh Fruit, Strawberry Cups, Peach Cups and Applesauce Cups	Choice of Assorted Fresh Fruit, Strawberry Cups, Peach Cups and Applesauce Cups
Choice of Plain or Chocolate Milk	Choice of Plain or Chocolate Milk	Choice of Plain or Chocolate Milk	Choice of Plain or Chocolate Milk	Choice of Plain or Chocolate Milk

This institution is an equal opportunity employer and provider. Menu subject to change without notice.